

# Strengthening Families Program

Phoenix House—Behavioral Health Intervention & Support Services (BHIS)

Phoenix House's Strengthening Families Program teaches family communication and problem-solving skills with the intent of enhancing family connectedness and reducing risky behaviors in children.

## The No-Cost Program:

- Meets once a week for 10 weeks
- Begins with bonding over light snacks
- Offers group sessions for children and parents
- Teaches parenting skills, life skills, and strategies to enrich family relationships

October 9-December 11, 2017

Mondays 5:30-8:00pm

McPherson Magnet School  
333 S. Prospect St.  
Orange, CA 92869

For students ages 6-11 and families



## Strengthening Families

### Interested in strengthening your family?

Please call Christina Glowalla at (714) 559-5098, Maria Valenzuela at (714) 823-7831, or ask to complete the referral form at your school's office.

**"This program not only helped me with my kids, it also helped me understand how to help them."**—Lizeth, SFP Parent Graduate

BHIS  
1585 E. 17<sup>th</sup> Street  
Santa Ana, CA 92705  
(714) 486-0940

Christina Glowalla  
(714) 559-5098

Maria Valenzuela  
(714) 823-7831

BHIS is Fully Funded By: Orange County Health Care Agency (OCHCA) Behavioral Health Services Prevention & Intervention Mental Health Services ACT/Prop 63

[www.phoenixhouse.org](http://www.phoenixhouse.org)

